#SCRIPT



The Defeat of State Regulation in the UK

by Nick Totton



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Keeping In Touch

was excited to find out from some colleagues that British psychotherapists have turned back efforts there to regulate their profession, in contrast to France, where a newly implemented law currently allows only psychiatrists to call themselves psychotherapists. I thought it would be interesting to hear more about what had been successful in Britain. With the help of Lis Heath, we are pleased to offer the following article by Nick Totton, someone from outside the TA community but whom many of you will be familiar with from his workshops and writing. Nick originally trained in Reichian therapy in the early 1980s and since then has worked as a psychotherapist and trainer based in Leeds, England. He gained further experience in several forms of work, notably process oriented psychology, and received a master's degree in psychoanalytic studies from Leeds Metropolitan University. He is the author or editor of 14 books, including Personality and Character Types (with Michael Jacobs, Open University Press, 2001), The Problem with Humanistic Therapies (Karnac, 2010), and Wild Therapy: Undomesticating Inner and Outer Worlds (PCCS Books, 2011).

—Script Editor Laurie Hawkes

The recent abandonment by the UK government of plans for the state regulation of psychotherapy and counseling is largely due to a grassroots opposition movement of practitioners. Nearly 3000 signed an online petition against state regulation (a large number of

practitioners and supporters also signed another, slightly more moderate, petition); money was raised for a challenge in the courts, where in a preliminary hearing the judge was deeply critical of the Health Professions Council (HPC), the body designated as regulator by the government; and before the full court hearing, the government announced that state regulation would not, after all, take place.

Certainly, a number of other factors contributed to this splendid result, not the least of which was the election of a Conservative government with an ideological presumption against regulation (the initial plan for regulation was made under a Labour government). The HPC also made a number of stupid and arrogant tactical errors. However, bureaucratic inertia would almost certainly have meant that the plan would have gone through had it not been that the government was made aware of a profound and stubborn opposition among the practitioners themselves, many of whom committed to withholding compliance from a regulatory scheme.

For more information, see the Alliance for Counselling and Psychotherapy at www.allianceforcandp.org/ and the Petition Against State Regulation at www.petitiononline.com/statereg/petition.html . Also see Nick Totton's website at www.erthworks.co.uk .

"The therapeutic field is a rich and complex ecology, built up of many different approaches. This diversity is intrinsically valuable and is part of what we want to protect."

Perhaps the key event in the campaign against HPC regulation was the election by a landslide of Andrew Samuels, an opponent of HPC regulation, to the chair of the UK Council for Psychotherapy, one of the two major organizations in the field. The original intention was to use the election campaign as a platform for the argument against regulation; victory was a huge surprise, rocking the pro-regulation UKCP establishment to its foundations and demonstrating the massive grassroots antipathy to state control of our profession.

The abandonment (at least for the time being) of state regulation needs to be seen in the context of the growing professionalization of psychotherapy and counseling, which has inevitably led to the development of a new class of therapy oligarchs with a vested interest in installing mechanisms of command and control that they envisioned themselves operating. This class of oligarchs has suffered a double blow: First, the state unexpectedly developed a plan for regulation that would have taken power away from the therapy organizations they administered, and then they lost control of their own membership, which expressed a massive opposition to regulation itself.

This opposition was constellated by the spontaneous birth of a new organization: the Alliance for Counselling and Psychotherapy, with the subtitle Against State Regulation. Much of the Alliance's founding statement is worth repeating here: Many psychotherapists and counsellors are disturbed and unconvinced by current proposals for state regulation through the Health Professions Council (HPC). . . . Many feel that, for the sake of the profession and of their clients, they will be unable to comply with such regulation and will not join the proposed register. This is a message to the entire profession, inviting you to join with us in a cross-modality alliance to fight these plans. . . .

The argument for regulation by a state-sponsored body has never been made, but is simply assumed. There is no solid research demonstrating widespread abuse by practitioners; nor is there either research or argument to show that such regulation lessens abuse (doctors, for example, have been so regulated for many years, but shocking cases still occur regularly). Yet 'protection of clients' is still cited as the main grounds for state regulation. Despite the emphasis on 'evidence-based practice' which accompanies the demand for regulation, that demand is itself not evidence-based.

Although many counsellors and psychotherapists work in medical settings, their work is not a branch of medicine nor an activity ancillary to medicine. Most forms of therapy do not focus exclusively on the relief of symptoms, but emphasise creating and exploring a relationship. If there is a goal, it is a general improvement in the quality of life (so that client satisfaction, rather than the improvement of an isolated symptom, is the appropriate measure of effectiveness). Regulation through the HPC implies medical values and criteria which are in many ways antithetical to psychotherapy and counselling.

A majority of practitioners work full or part time in private practice. Their clients make decisions as responsible adults to come to them and to continue in therapy or to leave, and are able to seek advice or redress from a number of self-regulating professional bodies or from the legal system; they are in effect the practitioner's employer. State regulation is clearly inappropriate for an activity contracted voluntarily between adults....

Many practitioners see their work as more an art than a science: a series of skilled improvisations in a relational context, where each client, and indeed each session, offers unique issues and demands unique responses. Such an activity cannot be captured by a list of 'competences', however elaborate. . . . Yet regulation by civil servants, who themselves know nothing of the field they are regulating, demands an 'objective' version of our practice, even if this falsifies its nature. . . .

The therapeutic field is a rich and complex ecology, built up of many different approaches. This diversity

"Although originally a single-issue group, activists were aware that state regulation was closely linked to other developments in the field, all of which tend toward a more rigid, controlled, and quasi-scientific version of psychotherapy and counseling."

is intrinsically valuable . . . and is part of what we want to protect; however, from a regulatory point of view it is awkward and inconvenient. . . . Good training helps the practitioner to develop their own unique style of work, rather than making them conform to a supposed 'best practice'.... Any attempt to impose a quasi-objective framework of standards and competences not only stifles creativity in the field, it also damages the therapeutic work with the client. In trying to apply a predetermined set of external principles to a particular individual, the practitioner must override the client's individuality and sacrifice the therapeutic process to the demands of a fixed technique. This is ethically unacceptable for the practitioner as well as therapeutically ineffective for the client.

The initiative to regulate psychotherapy and counselling is itself a symptom of . . . an obsession with 'safety', a compulsion to monitor every activity, an illusory belief that everything can be brought under control. In many ways, psychotherapy and counselling inherently expose this illusion: they support us in tolerating uncertainty, difference, risk, and the unknown. Like many important activities, psychotherapy and counselling, though usually helpful, are inherently 'risky'; they cannot be made to conform to safety-first culture. HPC regulation will only strengthen the existing trend towards defensive practice—that is, practice which is more concerned to protect the practitioner from complaint than to help the client's growth and self-understanding. The proposals for HPC regulation cannot be separated from the creation of National Occupational Standards for the field; the recent Skills for Health initiative to determine 'competences'; NICE clinical guidelines privileging a single form of 'evidence-based' therapy over all other modalities; and the so-called Improving Access to Psychological Therapies scheme. Between them, all of these developments promise to reduce access to long-term, relationally oriented therapy and counselling; to reduce client choice; to medicalize the field; and to rigidify training and inflate its cost, and hence the cost of therapy, making access even more difficult for the economically disadvantaged. HPC regulation is also likely to exclude from practice many part-timers and volunteers, as well as making it harder for counselling services using volunteers to survive.

HPC regulation could only be justified if the benefits could be shown to outweigh the drawbacks. For the reasons cited above, we believe that the damage caused to psychotherapy and counselling will be profound, and the benefits dubious and minor. . . .

"Bureaucratic inertia would almost certainly have meant that the plan would have gone through had it not been that the government was made aware of a profound and stubborn opposition among the practitioners themselves."

In this situation we are unable to stay silent. Our political, professional and personal conscience compels us to become guardians of the diversity and independence of psychotherapy and counselling, and to speak out on behalf of our own right to practise ethically and according to our best judgement; of the rich traditions of the discipline and of future generations of practitioners; and also of the clients who might seek to use our services now and in the future their right of choice and their autonomy and responsibility. We will therefore do everything we can to oppose HPC regulation, and to alert others to the dangers involved. If these proposals become a reality, we do not expect to be able to consent, and are considering a position of principled

This statement drew an immediate and powerful response and was followed by two large and energetic public meetings. Several things about the Alliance are worth noting:

non-compliance.

 It was an ad hoc grouping of practitioners from many different disciplines, most of whom had not previously known each other

- and who came together for one specific purpose.
- It had open boundaries: Anyone with energy for the task was welcome to move toward the center and take an active role in decision making. While not exactly equivalent to the Occupy movement, the Alliance was certainly a nonhierarchical and power-sharing movement.
- Although originally a single-issue group, activists were aware that state regulation was closely linked to other developments in the field, all of which tend toward a more rigid, controlled, and quasi-scientific version of psychotherapy and counseling. Hence, the Alliance has not dissolved after winning one battle but continues to exist under the new subtitle 'Supporting diversity, responsibility, autonomy and innovation in the psychological therapies' and to campaign, in particular, around the distorted notion of "evidence-based practice" that dominates the state's relationship with the profession.

We cannot know what the future will bring. Western society currently has such a strong trend toward man-agement and surveillance of all activities that it is hard to see how psychotherapy and counseling—so threatening to our culture's strange blend of individualism and conformity—can indefinitely resist. Perhaps, though, therapy can take on a role as spearhead and spokesperson for the resistance to this trend toward surveillance and control.

We at The Script hope this article will lead you to think about how these issues are evolving in your own country. Please share with us what your situation is and how you are dealing with it. §

nominations.

Call for ITAA

- President-Elect (2013)
- Vice President Operations (2013-2015)
- Vice President Research & Innovation (2013-2015)
- Treasurer (2013-2015)

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ESCRIPT

Newsletter of the International Transactional Analysis Association

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- North America (2013-2015)
- Africa (2013-2015)
- Latin America (2013-2015)

Nominations require the name and consent signature of the nominee (it may be yourself), the name of the person making the nomination, and the name of the person seconding the nomination. To be eligible for nomination, trustees may not have already served two consecutive terms of office in any position on the board. Position statements (charters) that describe the function and selection criteria for each of the officer positions are available from the ITAA office or in the Guidelines (part

of the official documentation) on the ITAA website at www.taworld.org . Nominees are encouraged to read and understand these before accepting nomination.

Send nominations to ITAA Nominations Chair Sumithra Sharatkumar at sumithrask@gmail.com.

Those who accept nomination to the above positions must email a written statement and digital photo to the nominations chair as soon as possible and no later than the 31 May deadline. Statements should be a maximum of 250 words.

If you have not already submitted a Consent to Use of Electronic Transmissions so that you are eligible to vote electronically in the case of a ballot, we urge you to do so right away by visiting http://itaaworld.org/index.php/home/consent-form-electronic-transmission.

Contacting the ITAA

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On the first Saturday of May 2011,

the French-speaking part of the

"journée portes ouvertes" (open-

door day) for its library, housed in

the Centre AT Genève. The associa-

tion is proud to have a well-devel-

oped collection, recently enriched by a wonderful contribution:

Association Suisse d'Analyse Transactionnelle (ASAT) held a



At the open day for the Swiss TA Association library (back from left): Fabienne Bride, Nicole Abboud, Marie-Paule Boder; (front from left) Allen Adler, Laurie Hawkes, and France Brécard.

and hearty mountain hiker who organized the books with the help of the Jucker family of Winthertour.
Laurence is now the (volunteer) librarian. She has set up a lending system allowing ASAT members to borrow a book for 60 days. They can even obtain a book via email after reserving it on the website, which costs them only the postal fee! For the 2011 day, ASAT invited France Brécard and Laurie Hawkes to come

and talk about their Grand livre de l'analyse transactionnelle (Big Book of Transactional Analysis) and other publications. A small but friendly group, including ASAT's president, Barbara Claessen, were present for a lively exchange. (Thanks to Arnaud Saint Girons for the photograph and for reporting on the event in the Association Suisse d'Analyse Transactionnelle—Section Suisse Romande newsletter Métamorphose.) §

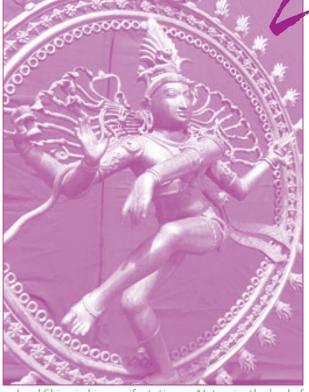
Richard Erskine (sitting on ground, front row) and the advanced training group at their meeting last spring in Asturias, Spain. The group completed an 8-year course that met for 5 days each year, and most of the 24 participants are Certified Transactional Analysts. The topics this year were "An Integrative Perspective of Transference" and "Psychotherapy of Internal Criticism."



Special thanks to Ravi Sethi for the photos of the USATAA San Antonio Conference published in the December 2011 Script.







Lord Shiva in his manifestation as Nataraja, the lord of the cosmic dance.

Chennai, India 9 - 11 August 2012 (Thursday to Saturday)

Hotel GRT Grand for Conference and Meetings

Hotel Sakithyan for Postconference Institutes

ORGANIZERS:

International Transactional Analysis Association (ITAA) and South Asian Association of Transactional Analysts (SAATA)

HOSTED BY:

Poornam - Institute for Holistic Development

he universe is a panoramic stage. Life is God's play: a divine sport of pure joyousness, freedom, and spontaneity. "Leela" (from the Sanskrit, meaning sport or play) or divine play is a central doctrine in Indian philosophy. Although creation is the outcome of the divine play, it is not directed toward any goal, and this "purposeless purpose" is a central attribute of Leela. We are all players in this game of life. We have our entrances and exits, and from the moment we are born, we script our lives in ways that become self-fulfilling prophecies. Trapped in our unconscious life plans, we lose connection with our core—the joyous, spontaneous Self of which we are but individuated sparks. How can we alter our life's journey and reclaim our lost treasure by rewriting our scripts with awareness? How do we journey toward authenticity and autonomy, realizing that the journey is as important as the destination, a purposeless purpose in which joy is being and we sing and dance through life because that is the Way of the Soul?

We as players need to take full responsibility for learning, growing, and evolving as we play our roles as educators, counselors, organizational consultants/employees, therapists, parents, children, siblings, and so on. So, let's be with Life—Let's Play!

CALL FOR PROPOSALS:

We hope you will think about how you might design a conference presentation around these ideas and submit your proposal by 31 January 2012 at www.itaaconference.com.

Keynote Speakers

Marco Mazzetti on "Our Mistakes and Our Life: Let's Play!"

Mistakes are common companions on our lifelong journey. They are often unpleasant experiences, and at the same time, they can play a significant role in our growth and learning. We can deal with our mistakes, we can learn from them, we can even enjoy

Marco Mazzetti is a psychiatrist; a Teaching and Supervising Transactional Analyst (psychotherapy); a member of EATA and the ITAA since 1988; a university lecturer at the Faculty of Medicine, University of Brescia, Italy; and the author of several books and scientific articles on transactional analysis.

Servaas van Beekum on "Let's Play with the Unconscious"

Curiosity and playfulness are powerful tools for learning. They help to overcome all sort of fears, which mostly do not invite us to explore the deeper issues of our lives on individual and



organizational levels. This keynote will focus on the learning that is hidden under the surface of our conscious awareness. The essence of social research will be addressed and how this works out in the context of groups, families, and organizations. Dreams and other aspects of deeper insight will be explored, and a guide for leaders of social systems will be discussed.

Servaas van Beekum, drs., is a Teaching and Supervising Transactional Analyst (psychotherapy); a social scientist with a background in analytic, humanistic and systemic modalities; a psychodynamic consultant to organizations; and a psychotherapist in private practice (PACFA registered) based in Sydney, Australia.

Conference Schedule

	8.00-8.45	9.00-10.30	10.30- 11.00	11.00-1.00	1.00-2.00	2.00-3.30	3.30- 4.00	4.00-5.30	6.30 Onward
4 Aug Sat		TEW Dinner							
5 Aug Sun									
6 Aug Mon	ITAA BOT Meetings / Training Endorsement Workshop								
7 Aug Tues		Trainers' Meeting & Exam Briefing							TSTA Theory Boards
8 Aug Wed	BOC Examinations - CTA & TSTA								Exam Celebrations
9 Aug Thurs	Support Groups	Keynote & Plenary	C O F F E	Session 1	H N L	Session II	Т	Session III	Conference Inaugural & Cultural Program
10 Aug Fri	Support Groups	Keynote & Plenary		Session IV Symposia		Session V Symposia	E A	Session VI Symposia	Gala Dinner
II Aug Sat	Support Groups	Keynote & Plenary	Ē	Session VII		Session VIII		Valedictory	Sightseeing
12 Aug Sun	Institutes								

Symposia in Four Fields

Organizational Symposium: "Change and Integration"

CHAIR: Günther Mohr, TSTA (O)



The world is in a period of major change. In the economy and society at large, great forces are giving the world a different face. Asia and the Pacific region is becoming the center of economic progress. Europe focuses on its own integration problems. But integrating differences is a question for all regions in the world,

including the United States, the so-called melting pot of cultures; India with its different states and religions; and even China. Companies today must also change and integrate. Eric Berne, the founder of transactional analysis, was very interested in organizational questions. This symposium will stress the challenge of change and integration with which organizations today are confronted. Outer and inner borders, people and processes, leaders and employees must all be kept in mind. As organizational consultants, we focus on both the individual and the whole system. This symposium will demonstrate the power and variety transactional analysis has to offer to this work.

Clinical Symposium: "Let's Play"

CHAIR: Heather Fowlie, TSTA (P)



The term "relational" has, over the last few years, found its way into the heart of the transactional analysis community and has left its mark on our understanding of ego state development, on our debates about TA theory, and most particularly on its implications for transactional analysis practice. During this symposium we

will play with the main characteristics, concepts, and concerns of a relational approach. We will focus on the transferential relationship, as Freud's description of this as something like a "playground" in which the client's compulsion to repeat can be "allowed to expand in almost complete freedom," which both links nicely to the conference theme and into discussions about relational methodology.

LANGUAGE: The conference language will be English.

Counseling Symposium: "The Spiritual Core of Counseling"

CHAIR: Bea Verzaal, PTSTA (C)



As counselors we are focused on stimulating change or growth that comes from "the spirit within our clients." What are our experiences, thoughts, and (TA and other) conceptualizations with regard to this spirit within the person? And what do we, transactional analysis counselors, do to enable our clients to (re)con-

nect with this inner (re)source, which enables them to solve their own problems and use them as challenges of growth leading to "LEELA": experiencing life as "a divine sport of pure joyousness, freedom, and spontaneity"? What are our own needs and resources and what kind of competencies and skills do we use to be able to connect to this spiritual core of ourselves and our clients? During this symposium, we, an international team of transactional analysis counselors, will present and further explore, together with you, this theme using the richness of our different (cultural, ethnic, spiritual, professional, personal) perspectives and backgrounds.

Educational Symposium: "Being an Educator"

CHAIRS: Karen Pratt PTSTA (E) & Giles Barrow, TSTA (E)





This year's symposium will focus on the experience of being an educator. In many learning situations the emphasis is on what is being taught and how it is being taught. This workshop will

be an opportunity to consider this different question about educational selfhood. Bringing ourselves into the educational relationship has implications for the learners we support, the organizations with which we work, and ourselves. We plan a day of cocreative interaction with another international opportunity to meet old friends and make new ones and to share what it is to be an educator.

WORKSHOPS, PANELS, PAPERS: A list of presenters/topics will be available soon.

Postconference Institutes

VENUE: Hotel Sakithyan

Vann Joines on "Treating Personality Adaptations Using Redecision Therapy"



The theory of personality adaptations identifies six universal, core adaptations that individuals develop in their family of origin in order to survive psychologically and meet the expectations of their parents and other authority figures. Each of these adaptations has a specific way (thinking, feeling, or behavior) for meeting the

world, a target area for growth and change, and a trap area to avoid so as not to become caught in the client's defenses. Each adaptation also has specific identifiable script behaviors. Redecision therapy is a highly effective approach in helping individuals to change and reclaim their power and autonomy. When combined with the theory of personality adaptations, it provides an even more effective means of targeting the therapy in the way that works best with each unique individual. This institute will both present this theory and demonstrate it in clinical work with participants.

Vann S. Joines, PhD, is a Teaching and Supervising Transactional Analyst (psychotherapy) and president of the Southeast Institute for Group and Family Therapy in Chapel Hill, North Carolina, USA. He won the Eric Berne Memorial Award for integrating personality adaptations with transactional analysis theory and traditional diagnosis. Vann is the coauthor of TA Today and Personality Adaptations and the author of the Joines Personality Adaptation Questionnaire and the JPAQ Administration, Scoring, and Interpretative Kit (www.seinstitute.com).

Marijke Wusten on "Dancing to the Beat of Life"



We can grieve our losses and open to joy again, we can be angry and full of protest and let that go, we can release the stale memories of pain, we can heal our wounds. And feeling gratitude for all the good things that were and still are in our life, we can open our heart, create a fresh reality, and start dancing to the beat of life again.

This is an experiential workshop in which we will work with concepts from transactional analysis, attachment theory, griefwork, bodywork and more and explore theory and practice through talking, exercises, role play, meditation, and dancing. There will be opportunities for participants to work with personal issues.

Marijke Wusten has more than 30 years of experience in training, teaching, therapy, and healing in different countries all over the world. Since 1985 she has been active in transactional analysis as a Certified Transactional Analyst (psychotherapy) and later as a Provisional

Teaching and Supervising Transactional Analyst. She has served on the boards of NVTA, EATA, and ITAA and was the codirector of the former Dutch TA institute ANITA. Currently, she is retired, lives in the country, and only incidentally accepts invitations to teach or lecture.

Giles Barrow on "Learning Relationships Using Transactional Analysis"

This institute will offer an opportunity for educators who are new



to transactional analysis to focus on understanding some of the core ideas in TA and their application to classroom situations. Working in partnership with students managing conflict and understanding development will be among the themes of the workshop. Examples of how transactional analysis has

been used in classrooms will be offered in addition to time for participants to consider using the ideas in their own practice. Educators from all contexts—primary, secondary, adult, and specialist schools and colleges—are welcome to attend.

Giles Barrow is a teacher with experience in both mainstream and specialist experience in the United Kingdom. He is also a Teaching and Supervising Transactional Analyst (education) and has written several books and articles on the relational aspects of teaching and learning. He works alongside educators in different circumstances and cultures and enjoys finding out what happens when people learn.

Karen Pratt on "Leaders as Coaches: Creating New Life Plans"

In this institute, participants will learn basic coaching skills to



enhance already existing roles such as teachers, managers, trainers, and anyone working with people. Participants will learn listening and questioning techniques to enable people to think for themselves and to begin to develop new, life-enhancing scripts to use to create the life they love. The work will be based on trans-

actional analysis theory as well as other material, such as the thinking environment work of Nancy Kline and appreciative inquiry principles.

Karen Pratt is a Provisional Teaching and Supervising Transactional Analyst (education), a credentialed coach and coach trainer, and an appreciative inquiry facilitator. She works as an independent trainer, consultant, facilitator, and coach in business and nonprofit sectors across South Africa and in the United Kingdom. Transactional analysis informs who she is and how she works. She has a passion for enabling learning and growth and loves life to the fullest!

Venue, Tours, & Events



Social Program

9 AUGUST: The conference inaugural function will include a cultural program with a taste of the music and dances of India.

10 AUGUST: Gala dinner (\$40)

11 AUGUST: Sightseeing, shopping, experiencing the flavors of Chennai

Flyglobal Tours and Events Pvt. Ltd help desk to provide options



Lobby of the Hotel GRT Grand

Accommodations

HOTEL GRT GRAND: For special rates at the conference hotel, email reservations@grtgrand.com with "International TA Conference 2012" in the subject line. To decide on the type of room, visit www.grthotels.com

HOTEL SAKITHYAN, 42, Thanikachalam Road, T. Nagar, Chennai 600017, Ph. +91 44 24315919; www.hotelsakithyan.in

ALTERNATIVE ACCOMMODATIONS: Book through http://www.flyglobaltours.com/itaa-conference

Pre- and Postconference Tours

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Mr. U. Chakravarthy, GM – Sales & Marketing; email: chakravarthy@flyglobaltours.com; HP: 095511-79304



Chennai Central Railroad Station

Conference Contact Info

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CONVENERS: Susan George at susangeorge51@gmail.com; +919840123048; Radhakrishnan at peopleandsystems@airtelmail.in; +919840051715

CONFERENCE SECRETARIAT: M5 MIG Flats, Foreshore Estate, Chennai, India, 600 028



Pool at the Hotel GRT Grand

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JANUARY 2012

Chennai and the Surrounding Area

Chennai

The city of Chennai is 373 years old and celebrates its birthday in August each year with heritage walks, exhibitions, and competitions. Formerly known as Madrasapatnam, it is the capital of Tamilnadu. Chennai stretches 19 kilometers along the southeastern coast of



Shore Temples of the Pallavas

FOOD: Experience all the ethnic delights of India, such as idli, dosai, sambhar, rasam, and filter coffee, to name but a few. Most restaurants offer a mix of South Indian and North Indian delicacies. There are also dinning places that provide Italian, Mexican, Thai, Chinese, and other cuisine, and some of Chennai's restaurants are open late into the night.

India and is known for Marina beach, the second longest beach in the world. The Chennai metropolitan area consists of three districts: Chennai city, Kanchipuram, and Thiruvallur. A fastdeveloping city, it has all the modern comforts for accommodation, transport, and employment and yet retains old-world grandeur and allegiance to traditions in food, dress, décor, and celebration of festivals. Thus, amidst the humdrum bustle of work, one can still experience the charm, culture, and courtesies of days gone by. The grandeur of Chennai's past is preserved in its many museums and places of worship, including temples, churches, and mosques. It is also showcased at Dakshina chitra, a center for the



Jain Temple, Chennai

living traditions of art, folk performances, crafts, and architecture of India. with an emphasis on the traditions of South India.

SHOPPING: Textiles, jewelry, handicrafts, books—whatever you desire can be picked up from a wide variety of places to suit all budgets. Explore the shops run by various states of India, the stores dedicated to specific items, the malls that provide all under one roof, the roadside shops, or even the street vendors. Come, fill your bags with gifts for yourself and others!

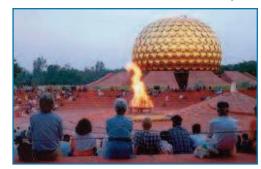
Sightseeing

Mamallapuram, one of the most visited places near Chennai, was a seventh-century port city of the South Indian dynasty of the Pallavas and is around 60 km south of the city. It is famous for its rock temples, cave temples, bas-relief sculptures, and carvings on a beautiful beach.

The golden town of **Kancheepuram** is one of the seven sacred cities in India. Notable among its many temples is the imposing Ekambareswarar Temple, a Saivaite Shrine where Lord Shiva is worshiped in the form of "Prithvi" (earth). Dedicated to the goddess Parvati is the Sri Kamakshi Amman Temple. Kancheepuram is famous for its hand-woven silks and the timeless appeal of its vibrantly colored saris, making them prized possessions.

Pondicherry is a union territory that still displays its French influence in certain parts. "The Ashram," founded by the well-known philosopher Sri Aurobindo in 1920, attracts thousands of visitors a year from all over the globe. Auroville, the inspiration of the mother (a French woman who was a spiritual collaborator of Auro-bindo's), was established in 1960. This International City of

Dawn has a number of communities living in harmony. The Matri **Mandir** is another place of interest in this town.



Matrimandir, Auroville, Pondicherry

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Examiners/Supervisees Needed

For both TSTA and CTA examinations: If you are a CTA/PTSTA/TSTA and are willing to serve as supervisee and/or examiner, please email your interest to BOC Chair Lorna Johnston at l.johnston@ta-trainingandcertification.net .

2012 International TA Conference Registration Form Chennai, India ■ 9-11 August 2012

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Delegates from non-TAlent countries in USD	500	150	600	250
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